

# Harvesters of Jesus



(Newsletter 262– 04/03/2022)

The Association of the Harvesters of Jesus was established in order to provide the regular daily spiritual needs of the LITTLE EDEN Society. It is firmly believed that without such support, LITTLE EDEN would wither.

## I wish adults had a soother!



Picture sourced online

I watched my 4-month old son Morena wa Boikanyo the other day in absolute fascination. A baby's development is always a wonder to watch. From the cute expressions they make to the different milestones they reach.

One of his favourite items is his pacifier. A pacifier is a rubber, plastic, or silicone nipple substitute given to an infant to suckle on between feedings to quiet his distress by satisfying the need to suck when he does not need to feed. It is often used to calm, pacify or soothe a fussy baby. Babies love to suck for comfort and security. It always has to be close by; your peace of mind and sanity depends on it!

With this realisation, I thought to myself, wouldn't it be great if adults had a soother? Something to instantly calm those in distress. Bad break-ups, heartbreak, headache, disappointments, ailments, etc, all of that could be fixed with just one simple item – a soother! Perhaps we never really outgrow the urge to pacify or be soothed by something. Perhaps this is why substance abuse is so rife. There is a need to find something soothing that can help one to forget whatever issues one is faced with – even if it's momentarily. Drug dependency has especially hit the youth hard with the average age now at 12 and younger and ever decreasing. South Africa is also among the top 10 when looking at narcotics and alcohol abusers worldwide. A [study](#) conducted by Jonathan Cupido states that between 7.5% and 31.5% of South Africans already have a drinking problem or are at risk of developing one.

These figures are an indication of an underlying problem, a problem much bigger than we think. Mental health distress is on the rise. According to the South African Depression & Anxiety Group (SADAG), there are 23 known suicides in South Africa daily. Maybe the need for a soother is much greater than we realise. Soothers differ from person to person. Some just need an ear to listen, others a hug, while others may need someone to pray with them. The world is full of so much injustice, hurt and disappointment. Perhaps a soother we should all be giving to the next person is kindness. Maybe that is their lifeline in a terrible situation of which you may not be aware. With the way things are globally, we are all going through something in one way or another. What kind of soother will you be giving to the next person who is clearly suffering and in pain?

Rethabile Lechela

## Daily prayer for the needs of LITTLE EDEN Society

*Jesus, Great Harvester, who desires the salvation of all mankind, accept the offering of my life and work in assisting You to help garner the fields for the harvest. Teach me compassion, understanding and love for those most in need. Bless our Association; strengthen the bonds of love and charity amongst us, so that with hearts united we may say "Thy kingdom come". Mary, comfort of the afflicted, pray for us.*