

The Association of the Harvesters of Jesus was established in order to provide the regular daily spiritual needs of the LITTLE EDEN Society. It is firmly believed that without such support, LITTLE EDEN would wither.

## Change is inevitable!

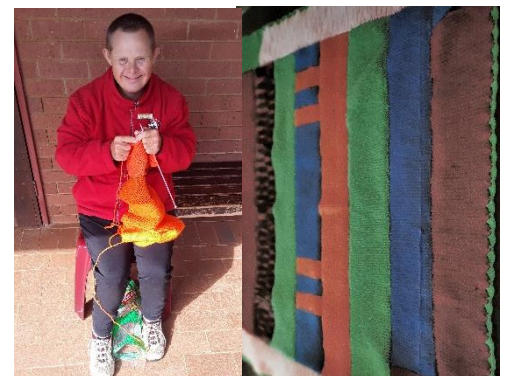
*"If you can't change it, change your attitude." – Maya Angelou*

Labelled boxes filled the room, untangled cords everywhere, papers across the floor, bins filled to the brim, it was madness, a real definition of chaos! This explains the recent Development office move to the bottom office. While others had prepared ahead of time and packed a day before, there were a few who frantically packed at the last minute. There were those who moved seamlessly and those who were frantic. Those who were happy about their new space and those who would have rather stayed in the previous office.

CHANGE! If there is one thing we know, it is that change is inevitable, whether we welcome it or not, it is bound to happen. I once read a book titled, "Who moved my cheese?" by Dr. Spencer Johnson. It is a 96-page book that narrates a simple parable about change. How to anticipate, quickly adapt to, enjoy and be ready for change. Amusing and enlightening, this book speaks about four characters, mice who live in a maze and go on a daily adventure to look for cheese, a metaphor for the things we want in life i.e. a good job, a loving relationship, stability, health, etc. What happens when there is a change in any of these aspects? Will that cause complete havoc in your life or will you look for ways to deal with the change? As the preparations for the LITTLE EDEN Society annual report are underway, it is interesting to note the changes that have taken place over the years. How much the residents have grown, how different the staff look from 5, 10, 15 years ago, how the Homes have developed, and essentially, how this dream that our Founders envisioned 55 years ago has unfolded.

The world we live in requires us to adapt in almost every sphere in life. The way of doing things has changed. The way of working has changed and we all know how the global pandemic has drastically changed our ways of interaction in the past three years. Change is also not always negative, sometimes it's beautiful and brings about amazing blessings. I can only imagine how daunting it must be for some of our residents who start physio and other forms of therapy. Their minds and bodies probably question the foreign experience and may sometimes be apprehensive to continue. But how amazing are the results! It was so beautiful to read a letter from the Catholic Women's League thanking Matthew for knitting scarves that the ladies sewed together to make a blanket. This is a beautiful testimony of the stimulation programmes at LITTLE EDEN Society of how this young man can enjoy his passion and use it to help others. It must surely have come from a willing heart and changed mindset. As we begin a new month, how are you dealing with change in your life? Are you frantic, apprehensive or adaptable and ready to tackle it head-on?

Rethabile Lechela



## Daily prayer for the needs of LITTLE EDEN Society

*Jesus, Great Harvester, who desires the salvation of all mankind, accept the offering of my life and work in assisting You to help garner the fields for the harvest. Teach me compassion, understanding and love for those most in need. Bless our Association; strengthen the bonds of love and charity amongst us, so that with hearts united we may say "Thy kingdom come". Mary, comfort of the afflicted, pray for us.*